

Multivitamins with Ginseng + Garlic Ext. Oramin-E Soft Cap.

I COMPOSITION : Each soft capsule contains

Korean ginseng	100.0mg
Garlic ext.	10.0mg
Retinol acetate (VitaminA1)	5000 I.U.
Ergocalciferol (Vitamin D2)	400 I.U.
Tocopherol acetate (Vitamin E)	100mg
Thiamine nitrate (Vitamin B1)	2.0mg
Riboflavin (Vitamin B2)	2.0mg
Pyridoxine hydrochloride (Vitamin B6)	2.0mg
Ascorbic acid (Vitamin C)	60.0mg
Nicotinamide (Vitamin B3)	20.0mg
Calcium pantothenate (Vitamin B5)	30.0mg
Cyanocobalamin (Vitamin B12)	6.0µg
Ferrous fumarate	27.38mg
Copper sulfate	7.86mg
Magnesium Oxide	16.7mg
Zinc oxide	5.0mg
Anhydrous dibasic calcium phosphate	150.0mg
Manganese sulfate	3.0mg
Potassium sulfate	18.0mg

I INDICATIONS

- Supplementation of vitamin A, B1, B2, B6, C, D, E in following cases :
Fatigue, pregnancy, the lactation, weak constitution, the period of development, senescence
- Alleviation of xerophthalmos, night blindness
- Atelosis of bone and teeth, prevention of rickets
- In case of peripheral blood circulation trouble and menopausal disorder, relief of following symptoms : pain of shoulder and neck, soreness and coldness of hands and feet

I DOSAGE & ADMINISTRATION

The usual dosage for Children over age 12 and adults is 1 soft capsule daily.

I CAUTIONS

- Warnings**
 - In pregnancy, administration of Vit. A(Retinol) more than 5,000 I.U. may cause congenital abnormality.
(Except patients with Vitamin A deficiency).
 - In case of administration to under 6-year children may cause toxicity.
- Do not administer to the following patients.
 - Patients with hypercalcaemia (state of existing calcium surplusly in blood), sarcoidosis, nephrolithiasis,
 - Patients, hypersensitive to this medicine
 - Infants under 1 year of age.
 - Hyperkalemia
 - Wilson's disease
 - Hemochromatosis (disease of accumulating iron in liver and pancreas by iron metabolism), Hemosiderosis, non-iron deficiency anemia
 - Nephronphthisis
 - Severe renal failure
 - Pregnant woman.
- In case of the following patients, administer cautiously (consult a doctor or a pharmacist before taking this drug).
 - Patients under therapy
 - Administer Vit. D or calcium to children, often exposed from sunlight with normal meal.
 - Patients with hyperoxaluria
 - Patients with peptic ulcer, chronic ulcerative colitis, circum scribed colitis.
 - Nursing woman
 - Patients with disorder of heart, circulatory system
 - Patients with renal failure
 - Patients with hypoproteinemia

- Patients with dosing cardiac glycoside.
- Patients with diseases of gallbladder, epilepsy
- Alkalosis, peptic ulcer
- Adverse Reaction**
 - If following symptoms broke out by this drug, stop dosage and consult a doctor or a pharmacist.
 - pruritus, rash, flare, erythema, dry rough skin, nausea, vomiting, diarrhea, constipation, dilute defecation, gastric dysphoria, anorexia, feeling of abdomen inflating, abdominal, gastric pain, gastrointestinal disturbance, epigastralgia, painful articular edema, hypotension, flush, irregular heart beat, photosensitivity, spasm, fever, coma, asystolia, central nervous system hypofunction, hyperkalemia, pulmonary edema, urticaria.
 - It may cause earlier menstruation, much more numerous or more longer bleeding.
 - If women, taking with oral contraceptive including estrogen, or patients with thrombotic tendency, administer Vit E, the danger of thrombosis may be increased.
 - It can be tolerated in case of dosing high dosage, for a long time.
 - If pyridoxine 500mg-2g/day is administered for a long time, sensory neuropathy or neuropathical symptoms may be appeared.
 - When patients with deficit of folic acid, are administered with Vit B12 over 10µg/day, it may cause hematological reaction.
 - It promotes gastric ulcer by high dose and may cause glucose tolerance impairment (Impairment of ability which metabolize glucose in body), hyperuricemia (State of existing over uric acid in blood), liver damage.
 - It may cause symptoms of nausea, vomiting (Gastric symptoms), hypernatremia, congestive heart failure, edema etc., by massive dose.
 - It may cause hypercalcemia and lithiasis by a long term dose.

5. General precautions

- Keep fixed dosage & administration.
- If you feel that the effect is too little in 1 month, you should consult with a doctor or a pharmacist.
- Should consult with a doctor, herbal doctor or pharmacist for dose.
- Do not take more than 5,000IU of retinol a day as supplement, because Vit. A from food is enough supplied to your body.

6. Contraindications.

- If administered with anti-aldosterone and triamterene together, should be cautious of hyperkalemia.
- If administered , do not administer following drugs.
 - Phosphate, calcium salt, oral tetracycline type drugs, antacid.
 - Levodopa
- Do not take a tea such as green tea or yellow tea, including tannin in the middle of, before and after administration.

7. Administration of pregnancy, lactation, premature infants, infancy

- In a foreign country, before pregnancy from 3 months to early gestation 3 months, the epidemiological investigation result says that it can be guessed increased of malformation expression as the center of cephalic nervous pain etc., newborn from woman who intake vit A over 10,000IU/day. So you should not be administered to pregnancy within 3 months or a wife that is possible to pregnant, except for case of using in vit A deficiency. Also if you used as a purpose of supplying vit A, you must be careful intake from food etc., and vit A administration by this drug to stay under 5,000IU/day etc., appropriate precaution.
- Vit D is secreted by breast-feeding, it can be generated hypercalcemia to newborn.

8. Effect of clinical test value

- In various kind of urinalysis, it can hinder detection of blood sugar.
- It can be influence of clinical test value by changing urine yellow.

9. Caution in keeping and handling

- Keep out of reach of children.
- Store at cool places, protected from a direct ray of light.
- Do not preserve in another containers in order to maintain quality of the drug and avoid misuse.

I STORAGE : Preserve in Air-tight container, protected from light.

I USE TERM : 3 years from MNF. Date

I PACKS : 30 Caps/Box

This drug is manufactured in accordance with Korea Good Manufacturing Practice(KGMP) as recommended by WHO.

Manufactured by
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